



Slowly, very slowly
Walks my old grey hound.
Slowly very slowly
Round and round and round

Quickly very quickly Runs my little pup. Quickly very quickly Up and down and up!

Trace a slow circle with your index finger on your child's palm for the 'old grey hound,' similar to 'round and round the garden'. Then run your fingers up and down your child's arms quickly for the pup.

Leg over leg,
As the dog went to Dover;
When he came to a stile,
Jump, he went over.

For babies and toddlers bounce them on your knee and then 'jump' them up high. For older children encourage them to follow your actions as you cross and uncross your feet and then 'jump' both legs up (whilst sitting). Or take their feet in your hands and cross them alternately and then lift both legs for the

'jump'. If your child prefers something gentler you can simply tap their feet to the rhythm.

Round about and round about Runs the little lambie. Round about and round about Looking for his mammie.

As above, use your index finger for the lamb and trace a circle on your child's hand.

Jean, Jean, Jean, The cat's at the cream, Suppin' wi' her fore-feet And glowrin' wi' her een!

Clap as you say 'Jean.' Then take your child's hands in yours for 'fore-feet' and touch your child's face gently by the eyes for 'een' (or touch your own face).

TRADITIONAL RHYMES
WITH ADAPTATIONS
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